# **Workaholics Anonymous World Service Conference 2010**

October 29-31, 2010

## Carrying the Message: Living the Steps



Come Play and Recover with us in beautiful Menlo Park, California. Relax and share experience, strength and hope with fellow W.A. members in a setting conducive to growth at the Vallombrosa retreat and conference center. Creative activities planned! The only requirement for membership is the desire to stop working compulsively.

## **Conference Details:**

- *Location:* Vallombrosa Retreat and Conference Center, in Menlo Park, California See <u>www.vallombrosa.org/</u>for a map or more information or call (650) 325-5614
- *Meals*: Conference registration must be received by Oct 19 to guarantee availability of meals. Attendees staying on site get all meals throughout the conference duration, while commuters get 1 meal per day registered (Fri dinner, Sat Sun lunch). Commuters can purchase additional meals (\$20 dinner;\$15 breakfast) but must do so by Oct 19. Attendees registering after Oct 19 may have to provide their own food.
- *Accommodations*: 40 rooms are available for double occupancy, 12 for single. Early registration is recommended for those wishing to stay at the retreat center. Linens, towels and washcloths are provided. Double rooms have two twin beds.
- *Transportation*: The nearest airport is San Jose International however San Francisco International is almost as close both with excellent public transportation available. Several companies offer shuttle service from both airports. Public trains are also available contact BART for San Francisco International and VTA Airport Flyer from San Jose International to the Cal Tran in Santa Clara on to Menlo Park.

## **Conference Schedule Outline:**

<u>Thursday, October 28:</u>	<u>Friday, October 29</u>	<u>Saturday, October 30</u>	<u>Sunday, October 31</u>
Pre-Conference1:00 pmRegistration2-5 pmMeetings	8:00 Breakfast (Pre Conference) 12 Noon – Lunch	8:00 am Breakfast 9:00-11:30 am Meetings 11:30 am Lunch	8:00 am Breakfast 9am-12 pm Meetings & Closing
and activities 5 pm Dinner	(Pre Conference) 3-5 pm Registration & Early Bird Meeting 6:00 pm Dinner 7:30 pm Meeting	1:00-5:30 pmMeetings6:00 pmDinner7:30 pmMeeting	12:00 pm Lunch

## **Conference Package Options (fees listed are per person):**

<b>Occupancy</b>	Main Conference Fee	<b><u>Pre-Conference Fee</u></b>	Main and Pre- Conference Fee
Single	\$450 Includes registration, room, and six meals	\$175 Includes room and three meals	<u>\$625</u>
Double	\$360 Includes registration, room, and six meals	\$130 Includes room and three meals	<u>\$490</u>
Commuter	\$50 a day plus registration fee Includes registration, retreat center fees, and 1 meal per day	\$50 a day plus conference fee Includes registration, retreat center fee, and 1 meal per day	<u>\$300</u>

#### **Registration Form:**

	Conference Options:	
Name		
	1. Main Conf.—single \$450	\$
Email	2. Main Confdouble \$360	\$
	3. Main ConfCommuter \$50 per day plus \$100 registration	\$
Address		
	Pre-Conference fee: \$175 single, \$130 double, \$50 Commuter,	\$
City, State Zip Code	· · · · · · · · · · · · · · · · · ·	T
	WA Conference Scholarship contribution	\$
Roommate (if registering for double occupancy)	Total Enclosed	\$
Please describe any special dietary needs:		
Indicate if you want to try to coordinate shuttle rides	with others on Friday and Sunday:	
What W.A. meeting do you attend (city, day & time)	?	
Would you be interested in doing service at the confe	erence?	
Would you be willing to donate an item(s) or service	to our Silent Auction?	
<i>If yes, briefly describe item or service:</i>		
I cannot attend the conference, but would be interest		
Assisting in the conference preparation through		is noted above.
Contributing to the scholarship fund. Enclosed is	my contribution for \$	·

Cancellation Policy: \$50 cancellation fee for cancellations requested in writing via US mail only (Drew D c/o WAWSO 1001 Edgecliff Terrace, Austin, Texas 78704 and received by September 21, 2010. No refunds after September 21, 2010, no exceptions, but substitutions are possible

Register and pay online or Send this form and check made payable to WA WSO to Workaholics Anonymous Conference 2010

#### PO Box 56416 • Portland, OR 97238

Questions? Email us at waconference2010@workaholics-anonymous.org

## <u>SCHEDULE</u>

## Friday, October 29, 2010

Start Time	Serra Room (lower level)	West Parlor (1 <sup>st</sup> level)	Cabrini Room (lower level)
2:00	Pre-Registration Board Meeting		
	(Located in Mansion Building; room TBD; ends at 4:00PM)		
3:00	Registration in Admin Building Lobby Building (ends at 6pm)		
5:00	Social Hour (in West Parlor)		
6:00	Dinner (ends at 7PM)		
7:00	Orientation-	No activity scheduled	No activity scheduled
	Silent Auction Begins		
7:30	Speaker:	No activity scheduled	No activity scheduled
	Redefining the self: Who am I		
	now that I'm not my work?		
10:00	Night Owl Meeting	No activity scheduled	No activity scheduled

## Saturday, October 30, 2010

Start Time	Serra Room (lower level)	West Parlor (1 <sup>st</sup> level)	Cabrini Room (lower level)
7:00	Early Bird Meeting	No activity scheduled	No activity scheduled
8:00	Breakfast (ends at 8:50 AM)		
	Commuter Registration (ends a	at 8:45AM)	
9:00	Keynote Speaker:		
	Living the Steps		
	(Speaker only, no shares)		
10:00	General Assembly Meeting	Surrender: Steps 1, 2, &3	For the Agnostic:
	(ends at 11:30)	_	Finding a Higher Power that works
11:30	Lunch (end at 12:30PM)		
1:00	Gifts of Abstinence	Easy Does It: Steps 4-9	No activity scheduled
		Includes	
		writing/cosponsoring	
2:00	Afternoon Break		
3:00	Caring for Me: Self Amends	Prayer & Meditation:	Board Meeting
		Steps 10 & 11	(new term board)
4:30	Panel: Sponsorship	No activity scheduled	(ends at 5PM)
6:00	Dinner (ends at 7:00 PM)		
	Silent Auction bidding closes a	at 7:00PM	
7:00	Silent Auction Distribution	No activity scheduled	
8:30	Fun & Games:		
	To Tell The Truth		
	Open Mic-Comedy		
10:00	No activity scheduled	Night Owl Meeting	No activity scheduled

## Sunday, October 31, 2010

Start Time	Serra Room (lower level)	West Parlor (1 <sup>st</sup> level)	Cabrini Room (lower level)
7:00	Early Bird Meeting	No activity scheduled	No activity scheduled
8:00	Breakfast (ends at 8:50AM)		
	Commuter Registration (ends at 8:45AM)		
	Room Check out is 11AM		
9:00	Daily & Weekly Plan of Action	A History of Service:	Board Meeting
		Step 12 in action	(new term board)
10:30	Speaker:	No activity scheduled	No activity scheduled
	Carrying the message		
	Closing (ends at 11:45AM)		
12:00	Lunch (ends at 1:00 PM)		
1:00	Conference officially ends at 1:00PM		